



Active children garden members, Ottawa MPP, Yasir Naqvi and Mary from the South-East Ottawa Community Health Centre pose for a festive picture. Thanks Ed for all the great shots.



Community



Hi all gardeners and community members,

We are beginning to wrap up the season with the return to school, beginning of fall and the harvest of our crops. This year, we have grown our garden membership by about 30 families. Our community also includes volunteers who are not gardeners, such as neighbours Sue, Richard, Brian, Anneka, and Lori Waller who founded the garden and who leads the demonstration plot effort. Among us we have several charitable organizations such as the Cornerstone Housing for Women which provides emergency shelter to women in Ottawa.

As you all know, up until the end of July, we hosted children from Westboro Academy and Firehall aftercare programs; we organized several discussion and workshops for adults and children; and we connected through activities with other friendly organizations, like Just Food.

Up-and-coming, a meeting of the BPCG Community Development Committee will be held to recap, evaluate and initiate projects and discussions. We are not expecting to have any employees working for the garden beyond this fall, so we should consider how we can or would like to engage in the BPCG community. Volunteers can create newsletters; plan meaningful activities and events; promote educational initiatives; connect and communicate with the greater community; engage with children etc.. With the biodome on it's way, even more consideration will be needed for educational endeavors. This committee is newly created and is open to creative ideas. Johanne and I - Ali D - volunteered to head the committee on an interim basis and are more than willing to share or let go of the responsibility, as we are both already involved in other BPCG jobs.

Please share your ideas and/or come to the meeting in the garden Tuesday, September 10 at 6:00 pm.

- AliD



"The party was a great celebration of what has been accomplished in one short year. It was a very exciting celebration and so well attended. The refreshments were great, our speakers were great, and just a wonderful time."

-Garden member and awesome volunteer, Mary Hicks



Above: Garden members Jessica-Rae and Vanessa helped carry out the party from beginning to end (and a buddy).

Below: Cakes made by garden member Jordan were a huge hit, so delicious, and made with fresh veggies from BPCG.





Garden President Danielle, hosted visitors with the Community Garden Network's Bike Tour

The bike tour was a lovely leisurely bike around 5 different gardens, each very unique. The Strathcona garden was well established and we had an interesting talk on pests in the garden and how to foil them. The Lees Ave. garden looked very new and not as developed...quite small and no one to tour us, so just a quick look at all the plots. I think there were less than 20 at most. It seemed a little barren compared to our garden. The children's garden was really fun, and we had a very interesting talk from one of the program organizers. They have a very ambitious children's program. The front yard garden was amazing...A really experienced gardener who has scaled down from a farm garden manages to pack a lot of things into a very small space. All in all the tour was excellent with a nice refreshment stop along the way. Well planned and executed. By the way, I like our garden best of all.

I think we have managed to combine the best of all the rest and I am so glad to be part of this.

- Mary Hicks, pictured above (- :

Up-Coming Events

Tuesday, September 10, 6:00 pm: BPCG Community Development get-together.

Tuesday, September 10, 7:00 - 9:00 pm: You are Not Done Yet! Tasks to do Now to Improve your Garden Next Year at Building 72, Central Experimental Farm. It's now September and there is still fun to be had in the garden! Gardening and planning in the fall of 2013 will pay off in 2014.

Sunday, September 15, 1:00 pm: Making Sauerkraut with garden member Dom Rosati at BPCG. RSVP to brewergarden@gmail.com

Making Sauerkraut is a wonderful way of preserving your fall vegetables so that they last you all winter!

Sauerkraut is a sour fermented food traditionally made with cabbage as a base, and can be made to include carrots, beets, onions, garlic, peppers, turnips, kohlrabi, peppers and more! Making Sauerkraut is a simple process of cutting and squishing vegetables and then adding salt to begin the fermentation process using naturally occurring probiotic lactic bacteria. After 2 weeks left in a dry and cool place, the Sauerkraut is then ready to eat. Sauerkraut can be left to ferment for up to 5 months in a cool dry place and this is what makes it such a wonderful way of preserving food as there is no need to refrigerate it during this period because of the probiotic bacteria that protects the food. - Dom





WORKER BEES



Lori Waller, who is passionate about the educational value of the garden, came to talk to our members about mulching, fall planting and soil care/ maintenance. Volunteers, like new member Amanda, came to offer a friendly hand in maintaining the children's plots, getting things prettied up for the party.



The previous Tuesday, Gail came to lead a very interesting talk on living in an "eco-village" where self sustainability is the goal. People had many questions and it was really neat.



Executive Committee:

President: Danielle Cantin

Vice-President: Marcel Bélanger

Secretary: Alison Kemp

Treasurer: Ed Kucerak

Member liaison: Al Holtz

Coordinating Committees:

Biodome coordinators: Guy Soulière and Michael Oster

Building coordinators: Guy Soulière and Michael Oster

Children's coordinators: Alison Duncan and Danielle Cantin

Communication's coordinators: Alison Kemp and Ed Kucerak

Community Development coordinators: Alison Duncan and Johanne Ranger

Donation plot coordinator: Marcel Bélanger

Demonstration plot coordinator: Lori Waller

Fundraising coordinator: Edmond Marc du Rogoff

Maintenance coordinator: Catherine Montgomery

Membership coordinator: Paula Claudino

Volunteer coordinator: Johanne Ranger

Our Sponsors:

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Environment
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Environment Committee of Ottawa South (ECOS)

Our Partners:



Office of David Chernushenko, Councillor, Capital Ward



**SOUTH-EAST OTTAWA
COMMUNITY HEALTH CENTRE
CENTRE DE SANTÉ COMMUNAUTAIRE
DU SUD-EST D'OTTAWA**



Keep in touch!

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